BENCH

Bites & Shareables

Chef's Feature Soup...15
Rotating creation inspired by the season. Ask your server for details ***Add a side of toasted rosemary focaccia...3***

Warm Buttered Pretzel...16 ● v o
Bavarian-style pretzel, coarse sea salt, pickles, choice of Lincoln Gold mustard or creamy ranch dip

Whipped Feta Dip...22 ● o
Orange zest, toasted almonds, hot honey, toasted rosemary focaccia

Mexican Street Corn Dip...22 ● o
Queso fresco, Monterrey Jack, jalapeños, green onions, crispy fried spiced tortilla chips, lime wedge

BENCH BBQ Pork Nachos...30 o ●
Overnight pulled pork shoulder, salsa verde, lime crema, pickled jalapeños, pico de gallo, cotija cheese, coriander **Make it a vegetarian nacho by substituting for BBQ tempeh**

Upper Canada Cheese Co. Board...45 ● o
Assortment of local Ontario cheeses, seasonal accompaniments, brioche crostinis **Add 2 or 4oz of Calabrese salami...5/9**

Salads

Add 4oz diced chicken breast...6

BENCH Caesar...22 o o o
Smokey bacon, rosemary focaccia croutons, Gran Padano cheese, on crisp romaine lettuce, served with a lemon wedge and topped with creamy house-made caesar dressing

Apple and Beet Salad...24 ● v o
Chef's selection of mixed greens, endive, treviso, cider-poached apples, marinated artichokes, house-pickled golden beets, maple-candied pecans, sweet red onion, creamy chèvre, apple cider-thyme vinaigrette

Handhelds

All sandwiches come with a field green salad. Trade it for a side Caesar salad or side soup...4.

Nashville Hot Chicken Sandwich...25 ●
House-marinated and oven crisped chicken breast, Nashville hot sauce, 'Bama white BBQ sauce, Bibb lettuce, bread & butter pickles, brioche bun

Bacon Jam & Brie Grilled Cheese...27 o
Sun-dried tomato pesto, bacon jam, smoked Comfort Cream from Upper Canada Cheese Co., and brie on rustic Italian-style bread. Served with a side of barbecue ketchup for dipping

BENCH

Mains

Bruschetta Flatbread...22 ● o
Basil-infused olive oil, tomato, bocconcini, and balsamic glaze on a slow-fermented flatbread

Mac n Cheese...23 ●
Mornay sauce featuring Upper Canada Cheese Co., cavatappi noodles, crispy onions **Make it a Buffalo Chicken Mac...5**

Burrito Powerbowl...25 ● ● v o
Roasted sweet potato, black bean corn salsa, lime crema, cotija cheese, buckwheat, quinoa, chipotle lime vinaigrette **Add 6oz BBQ pulled pork or 6oz BBQ tempeh...10**

Italian Meatballs...25
Slow roasted with ground beef, pork and veal, rustic tomato sauce, mozzarella, Gran Padano cheese, with rosemary focaccia

Vietnamese Pork & Ginger Rice Bowl...27 ● ● o
Hoisin soy pork with ginger rice, mirin-pickled carrots, bean sprouts, crushed cashews, micro cilantro, and pickled red chilis, served with Vietnamese nuoc cham sauce

Sweets

Turtles Cheesecake...14 ● ●
Pecan, brownie, salted caramel, crème fraîche

Sticky Toffee Pudding...15 ●
Soft date sponge, caramel sauce, crème fraîche

Please let your server know if you have any dietary restrictions or allergies.

An automatic gratuity of 18% will be applied to groups of 8 or more.

● Vegetarian
o Can be made vegetarian
v Vegan or can be made Vegan
● Gluten Free
o Can be made Gluten Free
● Dairy Free
o Can be made Dairy Free
● Spicy
o Mild Heat