



## Bites & Shareables

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### Chef's Feature Soup...15

Rotating creation inspired by the season. Ask your server for details **Add a side of toasted country rye bread...3**

### Warm Buttered Pretzel...16 ● v ○

Bavarian-style pretzel, coarse sea salt, pickles, choice of Lincoln Gold mustard or buttermilk ranch dip

### Arancini...22 ●

Fried Italian rice balls, fior di latte cheese, rustic tomato sauce, basil-infused olive oil, parmigiano reggiano

### Mexican Street Corn Dip...22 ● ○

Queso fresco, Monterrey Jack, jalapeños, green onions, crispy fried spiced tortilla chips, lime wedge

### BENCH BBQ Pork Nachos...30 ○ ●

Overnight pulled pork shoulder, salsa verde, lime crema, pickled jalapeños, heirloom tomatoes, cotija cheese, coriander **Make it a vegetarian nacho by substituting for BBQ tempeh**

### Upper Canada Cheese Co. Board...45 ● ○

Assortment of local Ontario cheeses, seasonal accompaniments, crostinis **Add 2 or 4oz of Calabrese salami...5/9**

## Salads

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### Add 4oz diced chicken breast...6

### Apple and Beet Salad...24 ● v ○

Chef's selection of mixed greens, endive, treviso, cider-poached apples, marinated artichokes, house-pickled golden beets, maple-candied pecans, sweet red onion, creamy chèvre, apple cider-thyme vinaigrette

### Kale Caesar...24 ○ ● ○

Dino kale, crispy bacon, croissant croutons, flaked parmesan, candied citrus fruit slices, house Caesar dressing

## Handhelds

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**All sandwiches come with a field green salad or trade it for a side soup...4.**

### Nashville Hot Chicken Sandwich...25 ●

House-marinated and oven crisped chicken breast, Nashville hot sauce, 'Bama white BBQ sauce, Bibb lettuce, bread & butter pickles, brioche bun

### Caramelized Onion & Fig Grilled Cheese...27 ●

Upper Canada Camembert-Style cheese, creamy brie, caramelized onions, fig compote, sourdough loaf, tangy smoked barbecue ketchup dip



## Mains

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### Mac n Cheese...22 ●

Six cheese bechamel featuring Upper Canada Cheese, cavatappi noodles **Make it a Buffalo Chicken Mac...5**

### Winter Powerbowl...25 ● ● v ○ ○

Sweet and smoky maple-chipotle roasted butternut squash and Brussel sprouts, baby kale, buckwheat, quinoa, buttermilk ranch, apple cider-thyme vinaigrette **Add 6oz BBQ pulled pork or 6oz BBQ tempeh...10**

### Chicken Tetrazzini...25

Creamy parmesan cream sauce, mushrooms, heirloom tomatoes, linguine

### Lamb Shank...39 ● ●

Braised New Zealand lamb shank, herbed roasted potatoes, Brussel sprouts, white wine jus infused with mustard and fresh mint.

## Sweets

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### Turtles Cheesecake...14 ● ●

Pecan, brownie, caramel, crème fraîche

### Black Forest Cookie...14 ●

Chocolate, Cherry, Buttercream

*Please let your server know if you have any dietary restrictions or allergies.*

*An automatic gratuity of 18% will be applied to groups of 8 or more.*

- Vegetarian
- Can be made vegetarian
- v Vegan or can be made Vegan
- Gluten Free
- Can be made Gluten Free
- Dairy Free
- Can be made Dairy Free
- Spicy
- Mild Heat